

Curriculum Vitae
Archana Sudhir Dahane

Personal details:

Date of Birth :	28 September 1975
Languages known:	Marathi, Hindi and English
Interests :	Kho-kho, Sports, and Reading

Educational qualifications:

MA (Economics), M P Ed, NET, PhD

PhD on “Problems and challenges faced by Women Physical Education teachers in Vidharbha region”

Professional Assignments

- Selection Committee Member for Kho-kho (Men) for RTM Nagpur University, Nagpur (2014 -2023)
- Selection Committee Member for Kho-kho (Women) for RTM Nagpur University, Nagpur (2014-2023)
- Coach – National Kho-kho Championship, Osmanabad (2016)
- Manager – Senior National Kho-kho Championship, Nagpur (2016)
- Official at the Zonal Level for Kho-kho, Nagpur (2017)
- Organising committee member for district level (Sub-junior) matches – Kho-kho (2018)

- Kho-Kho training for college students, New Arts College, Wardha (2017)
- Kho-kho training for college students, Vasantrya Naik Sharirik Shikshan Mahavidyalaya, Nagpur (2018)

Professional Development Activities

- Participation in Refresher Course, Academic Staff College, RTM Nagpur University, Nagpur 2008
- Participation in Refresher Course, Academic Staff College, RTM Nagpur University, Nagpur 2011
- Participation in Refresher Course, Academic Staff College, RTM Nagpur University, Nagpur 2015
- Participation in Refresher Course, Academic Staff College, RTM Nagpur University, Nagpur 2016
- Faculty Development Program 2020
- Interdisciplinary National Workshop on Research Methodology, Dr. Ambedkar College, Nagpur ((2014)
- Kho-Kho Official Examination (2016), Mumbai
- International Official Clinic for Kho-Kho Officials, Jaipur (2019)

- A member of organizing committee in international multidisciplinary conference on contemporary approaches and application in physical education and sports sciences organised by RTM university phy. Edu. Teachers association in association with dept. of phy. Edu. And sports of Ambedkar colleg nag. Annasaheb gundewar college, Nagpur, R.S. mundle dharampeth arts and comm. Coll Nagpur, runuka college, besa, , jotiba coll of phy, edu. Nagpur , Taywade college, koradi and arvindbabu dehsmukh maha. Bharsingi March 26,27, 2021

Personal Achievements

Game: KHO-KHO

National Level

- Mini National Championship, Pudducherri – 1987
- Open National Championship, Trivandrum - 1988
- Open National Championship, New Bombay – 1996

State Level

- Mahila State Level Kho-Kho Championship, Amravati, 1991
- Mahila State Level Kho-Kho Championship, Dhule, 1992
- Mahila State Level Kho-Kho Championship, Aurangabad, 1993
- Mahila State Level Kho-Kho Championship, Parbhani, 1994

University Level

- Inter-University Kho-Kho Matches, Pune 1994
- Inter-University Kho-Kho Matches, Aurangabad, 1995
- Inter-University Kho-Kho Matches, Jabalpur, 1996
- Inter-University Kho-Kho Matches, Gwalior, 1997

Research Paper and Publications:

- “Role of Yoga in physical fitness” in the proceedings of National Seminar on “Recent Trends in Yoga and Physical Education” organised by New Arts, Comm., & Science College, Wardha on 22nd Jan. 2014 (ISBN: 978819634425)
- “A Ringside view of women students’ motivation for games and sports in rural areas” in the proceedings of 25th Pan Asian Conference of Sports and Physical Education” organised by Osmania University, Hyderabad. on 8th to 10th Aug.2014
- “The Role of Motivation in Sports Performance” in the proceedings of National Seminar on “Role of Physical Education and Sports in Rural Life” organised by Mahatma Gandhi Arts, Science & Late Masaruddinbhai Panjwani Comm. College Armori on 20th Dec.2014
- “Past Experience and Motivation for Participation in Physical Education: A Study of rural women students” in the proceedings of International Conference on “Fitness, Wellness and Sport Sciences” organised by LNIPE, Gwalior on 20th to 22nd Nov. 2015
- “Yog: Ak Akalan” in the proceedings of International Conference on “Resonance of Ancient Indian Culture in the World” organised by R.S.Mundhle Dharampeth Arts & Comm. College Nagpur on 24th to 26th Oct. 2015
- “Role of Teacher in Building the Mental Health of Students” in the proceedings of National Level Seminar on “Role of Physical Education in Developing Healthy Mind among Students to Deal with Suicidal Ideation” organised by Lemdev Patil Mahavidyalaya, Mandhal (Dist. Nagpur) on 1 Oct.2016
- “Academic Audit in Physical Education” in the proceeding of a National Level Seminar on “The Need of College Academic and Administrative Audit” organised by Yeshwant Mahavidyalaya, Wardha on 19th to 20th Feb. 2016 (ISBN: 9789352582655)

- “Biomechanics and Physical Education” in the proceedings of National Level Seminar on “Sports Biomechanics” organised by J. M. Patel College, Bhandara on 12th Aug. 2016
- Sports Psychology and Stress Management “ in a National Level Workshop on “Importance of Stretching Exercises for Enhancement of Performance Level in Sports Persons “organised by Dr. Madhukarro Wasnik P.W.S. Arts and Comm. College Nagpur on 24th Feb. 2018
- “Physical Education and Biomechanics “ in a 4th International Conference on “Future Prospective of Physical Education Sport Sciences & Yogic Sciences” organised by Department of Physical Education S.G.B. Amravati University Amravati on 15th to 16th Dec. 2017
- “Role of Physical Education in Schools” in a National Conference on “Applications of Science and Social Sciences in Sports” Organised by Physical Education and Sports Department Vasantao Naik Government Institute of Arts & Social Sciences Nagpur and PGDT of Physical Education , RTMNU Nagpur on 11th March 2017
- Physical Activity and Health “ in international conference on Recent Trends in commerce and humanities organised by Mahajan college of technology and smt. Nanikibai Wadhvani kala Mahavidyalaya 23 and 24 March
- Parywaran pradushan ani prywaran niti Multidisciplinary international E-research journal praywaran sarakshan may sahitya, samaj aur midiya ki Bhumika organizes by yeshwant Mahavidyalaya Wardha, March 2019
- A Study of physical activity improve mental health and performance of athletes” in interdisciplinary national conference on rold of physical education and other disciplines in enchancine the performance of a players and fitness for young and new india organized by Bar. R.D.I.K. & N.K.D. college Amravti and Physical Education foundation of India 24 Dec. 18
- Benefits of participation in sports ot the youth “An interdisciplinary national conference on Role of higher ducation in making India superpower . organizes by Dept. of physical education and IQAC amravti and Physical education foundation in of India (Vidyawata journal)21 Aug. 19

- Thoughts fro Gramgeeta of sant Tukdoji maharajand their devotion and dedication for people in society an international multidisciplinary quarterly research journal (Ajanta” Peer reviewed referred and UGC listed journal
- Mental Training and Visualization “ Studies in Indian place name UGC care journal Vol.40 issue 62 march 2020
- “Beneficial Effects of meditation and yoga in sports “ Aayushi international interdisciplinary peer review research journal international conference and acadmic research and innovation in teaching 27 & 28 Dec. 19
- “ Yoga for health in modern era “ B aadhar Peer reviewed and refreed inter multidisciplinary international research journal . Contemporary approaches and application in physical education and sports sciences March 2021
- Right to health : the current challenges of the fight for a universal right to health
In a B aadhar Peer reviewed and refereed inter multidisciplinary intention research journal organized by yeshwant Mahavidyalaya seloo Dec. 202
- Educational Psychology : Enhancing the performance of teaching and learning “ peer reviewed, refereed, indexed research journal , Two day international E conference of Tren issues and developments of physical education and sports organized by Dept. of Phy. Edu. And sports science, Fit campaign committee and fit India club Manipur University and NApESS research culture society.
- Empowering girls and women through physical education and sports “Kalyan Bharati UGC care list group 1
- Importance of visualization technique in sports “SPJMR Scops UGC care list , volume 12 issue 1 – 2022

- The right to adequate food : Implementing a human rights approach to food security “SPJMR Scops UGC care list , volume 12 issue 2 – 2022
- The role of yoga in empowering women “ B aadhar Peer reviewed and refereed inter multidisciplinary international research journal , women’s empowerment :issues and challenges organized by Yeshwant Mahavidyalaya , seloo and Late bhskkarro shingne arts , college khamgaon August 2021.B.R. Ambedkar- Thoughts and works Dec. 2021 volume 12 issue 27
- Effects of mental stress and anxiety “ Book in chapter - Sports , Psychology and pandemic :some approaches Edited by: Dr. Ganesh Vaykos , Published by New man publication, parbhani.
- Feminist movements through physical education and sports “ International journal of advance and applied research Vol. 4 issue 2 organized by PWS college Nagpur Feb. 2023
- Environment and technology : relationship between ICT and Ecology “ Environment: issues and challenges Conference proceedings in Aadhar international publication organized by yeshwant Mahavidyalaya seloo and priyadrshani mahila mahidyalays Wardha 28 june 2023

Professional activities:

International Level Conferences and Seminars

25th Pan Asian Conference of Sports and Physical Education, Osmania University, Hyderabad (2015)

AINET International Conference LAD College, Nagpur (2015)

Physical Education International Conference on “Fitness, Wellness and Sport Sciences” organised by LNIPE, Gwalior (2015)

AINET International Conference, TBRAN Mundle School, Nagpur (2016)

AINET International Conference on Teacher Research, G. S Commerce College (2017)

National Level Conferences and Seminars

One day National Seminar on “Management of Physical Education and Sports” organised by Dept of Physical Education, RTM Nagpur University, Nagpur 14 Dec. 2014

State / Regional Level Conferences and Seminars

One day workshop on Acupressure and New Sport Level by Dept of Physical Education, RTM Nagpur University, Nagpur (Year

One-day Workshop on Anti-Doping Awareness organised by Dept of Physical Education, RTM Nagpur University, Nagpur 11th March

